

OCT 12th 13th POWERSTOWN PARK CLONMEL CO TIPPERARY

Cross Clonmel 2024 Technical Guide (v1.0)

This is the technical guide to the Cross Clonmel 2024 which will be hosted by Clonmel CC and Slievenamon CC at Powerstown Park Racecourse in Clonmel Co Tipperary.

Contents

| 1.1 | Race dates | 4 |
|--|--|--------------------------------------|
| 1.2 | Venue location | 4 |
| 1.3 | Class of the race | 4 |
| 1.4 | Organiser's contact information | 4 |
| 1.5 | Categories of riders | 4 |
| 1.6 | Licence information | |
| 1.7 | Pre-entry information | 5 |
| 1.8 | Non-UCI races | 5 |
| 1.9 | Rider fees | 6 |
| 1.10 | Prize list / Points scale | 6 |
| $\begin{array}{c} 1.1 \\ 1.2 \\ 1.3 \\ 1.4 \\ 1.5 \\ 1.6 \\ 1.7 \\ 1.8 \\ 1.9 \\ 1.10 \\ 1.11 \\ 1.12 \\ 1.13 \\ 1.14 \\ 1.15 \\ 1.16 \\ 1.17 \end{array}$ | Team Prize | 5 5 6 6 7 7 7 7 |
| 1.12 | Specific specifications for this event | 7 |
| 1.13 | UCI points | 7 |
| 1.14 | Commissaire list | 7 |
| 1.15 | Clothing | |
| 1.16 | 80% Rule | 8 |
| 1.17 | Podium | 8 |
| <u>1.18</u> | Doping Control | 7 8 8 8 9 |
| 1.19 | Equipment | 9 |
| 1.20 | Gridding | 9 9 |
| 1.21 | Accreditation and pit passes | 9 |
| 1.22 | Double Pit | 10 |
| 1.23 | Opening times to venue | 10 |
| 1.24 | Race schedule (including practice times) | 11 |
| 1.25 | Locations of registration | 13 |
| 1.26 | Race numbers | 13 |
| 1.27 | Race Timing | 13 |
| 1.28 | Press/media information | 13 |
| 1.29 | Parking arrangements | 13 |
| $\begin{array}{r} 1.19 \\ 1.20 \\ 1.21 \\ 1.22 \\ 1.23 \\ 1.24 \\ 1.25 \\ 1.26 \\ 1.27 \\ 1.28 \\ 1.29 \\ 1.30 \\ 1.31 \end{array}$ | Bike wash facilities | 13 |
| 1.31 | Spectator access and information | 14 |
| 1.32 | Crossing points | 14 |

| <u>1.33</u> | Accommodation links | 14 |
|-------------|-----------------------------------|----|
| 1.34 | Event Sponsors | 14 |
| 1.35 | Catering arrangements | 14 |
| 1.36 | Toilets, showers | 14 |
| 1.37 | First aid location | 15 |
| <u>1.38</u> | Nearest hospital | 15 |
| 1.39 | Emergency evacuation location | 15 |
| 1.40 | Litter | 15 |
| 1.41 | Map and description of the course | 16 |
| 1.42 | Layout of location map | 15 |

1.1 Race dates

Cross Clonmel will take place on the 12th and 13th of October 2024. The UCI Elite Men's and Women's races and UCI Junior Men's and Women's* races will take place on the 13th.

*subject to achieving a minimum number of entries of 12 for the Junior women's race.

1.2 Venue location

The venue will be Powerstown Park Racecourse in Clonmel, County Tipperary Sat nav. co-ordinates: 52.365959, -7.680305 Map link: <u>https://goo.gl/maps/mSsgC7RLVwJcag6K9</u> Nearest Eircode: E91 EP20

<u>1.3</u> Class of the race

Junior Men UCI MJ Elite Men/U23 UCI C2 Elite Women/U23 UCI C2 Junior Women UCI WJ C2 Masters race, support race and youth racing NON UCI

<u>1.4</u> Organiser's contact information

Race Director: John Dempsey Telephone (ROI) +353 (0) 86 3791704 Email address: j.dempsey@vergesport.com

<u>1.5</u> Categories of riders

The tables below shows the race categories.

| Category of licence held | Details of combined categories | Year of birth |
|--------------------------|--------------------------------|---------------|
| Senior men (UCI C2) | Elite & U23 | 1940-2006 |
| Women (UCI C2) | Elite, U23 | 1940-2006 |
| Junior women (UCI WJ) | | 2007-2008 |
| Junior men (UCI MJ) | | 2007-2008 |

| Category of licence held | Year of birth |
|--------------------------|-----------------------|
| Under 6s* | 2017, 2018, 2019 etc. |
| Under 8s | 2017, 2018, 2019 etc. |
| Under 10s | 2015, 2016 |
| Under 12s | 2013, 2014 |
| Under 14s | 2011, 2012 |
| Under 16s | 2009, 2010 |
| M40 | 1976 – 1985 |
| M50 | 1966 – 1975 |
| M60 | 1940 – 1965 |

*Parents NOTE: – The Under 6s race is just for fun. It is an introduction to off-road racing. There are no winners, no podium, there will be medals for each rider. It is all about the achievement of starting and finishing. If your child can complete the course with ease and is ready for the next challenge please have them try the Under 8s race instead. There is no lower age limit on the Under 8s race.

1.6 Licence information

Cycling Ireland riders must hold a 2024 licence type of either a Limited Competition (LC) or Full Competition (JR, A4, A3, A2, A1, A+). Youth riders must have a current 2024 licence. Licences must be presented at sign on.

For non-Cycling Ireland licence holders, please ensure you have a 2024 licence from your federation then email a copy of your licence to the race director before pre-entry closes.

<u>1.7</u> <u>Pre-entry information</u>

Pre-entry is run through the Cycling Ireland Eventmaster system. Pre-entry opens Thursday 26th September 2024 and closes at 23:59 on Sunday 6th October 2024. Link to pre-registration below:

<u>link</u>

International Riders who are not members of Cycling Ireland need to contact the race organiser John Dempsey directly on **j.dempsey@vergesport.com**. Closing date for international entries is 6th of October 2024

1.8 Non-UCI races

On Saturday 12th October and Sunday 13th October there will be races for youth, senior support and masters (M40, M50 and M60). Entry for these will also be through the Cycling Ireland Eventmaster system. Entries close at 23:59 on Sunday 6th October. No entries will be accepted after the closing date.

1.9 Rider fees

Elite men, Elite Women - €35 Junior men, Junior women - €25

Support and Age Category Races

Masters (M40, M50, M60) - \in Support race riders - \in Under 14s, Under 16s - \in Under 8s, Under 10s and Under 12 - \in Under 6s - \in

1.10 Prize list / Points scale

Per UCI C2 scale as outlined below for Elite Men, Elite Women, Junior Men and Junior Women.

2024-2025 Cyclo-cross - Prize money / Prix de course Cyclo-cross 2024-2025

For races not in Group 1 federation, the percentage shown on the "Economic classification of National Federations" shall be applied to the amount below (fractions must be rounded up). / Pour toute course en dehors d'une fédération de Groupe 1, il faut appliquer le pourcentage indiqué par la "Classification économique des fédérations" aux montants ci-dessous (arrondi à l'euro supérieur).

| Minimum Prize Money - Continental calendars - Per event / Montant minimum des prix - Calendriers | | | | |
|--|--|--------------------|-----------------------------------|--------------------------------|
| Ranking / Classement | MEN & WOMEN ELITE / HOMMES & FEMMES ELITE | | MEN UNDER 23 / HOMMES MOINS DE | MEN & WOMEN JUNIOR / HOMMES |
| | Class 1 / Classe 1 | Class 2 / Classe 2 | 23 ANS | & FEMMES JUNIORS |
| 1st / 1er | 1'400 € | 350 € | 175€ | 150€ |
| 2nd / 2ème | 720€ | 180 € | 120€ | 100 € |
| 3rd / 3ème | 500€ | 120 € | 90 € | 70 € |
| 4th / 4ème | 365 € | 90€ | 70 € | 60 € |
| 5th / 5ème | 300 € | 85€ | 60 € | 50€ |
| 6th / 6ème | 250€ | 80 € | 50 € | 50€ |
| 7th / 7ème | 220€ | 75€ | 50 € | 50€ |
| 8th / 8ème | 200 € | 70 € | 50 € | 40 € |
| 9th / 9ème | 175€ | 65€ | 50 € | 40 € |
| 10th / 10ème | 150€ | 60 € | 50€ | 40 € |
| 11th / 11ème | 130€ | 55€ | 30 € | 30 € |
| 12th / 12ème | 100€ | 50€ | 30 € | 30 € |
| 13th / 13ème | 90€ | 45€ | 30 € | 30 € |
| 14th / 14ème | 80 € | 40 € | 30 € | 30€ |
| 15th / 15 ème | 70€ | 35€ | 30€ | 30€ |
| 16th / 16ème | 50€ | 25€ | 20 € | |
| 7th to 20th / 17ème à 20ème | 50€ | 25€ | 20€ | |
| Total | 5'000 € | 1'525€ | 1'015€ | 800 € |

The rider's contribution to Anti-Doping of 2% is included in the Prize Money. / La contribution contre le Dopage des coureurs , soit 2%, est incluse dans le montant des prix. It should be deducted from the PM paid to the riders. / Elle est à déduire des prix payés aux coureurs.

Prizes for support races will be in cash/cheque/bank transfer and will be confirmed following the close of entries. Prizes for the support races will be paid out as soon as possible but no later than 2 weeks after the event.

Youth races will have trophies and medals as prizes.

1.11 Team Prize

There are no team prizes at this event.

Continentaux - Par épreuve

1.12 Specific specifications for this event

The event is promoted under UCI rules for the UCI events and Cycling Ireland Regulations for the non-UCI events.

1.13 UCI points

The table below provided the UCI points allocated to riders by category.

| Place | Men Elite | Women Elite | Men Junior | Women Junior |
|-------|-----------|-------------|------------|--------------|
| 1 | 40 | 40 | 30 | 30 |
| 2 | 30 | 30 | 20 | 20 |
| 3 | 20 | 20 | 15 | 15 |
| 4 | 15 | 15 | 12 | 12 |
| 5 | 10 | 10 | 10 | 10 |
| 6 | 8 | 8 | 8 | 8 |
| 7 | 6 | 6 | 6 | 6 |
| 8 | 4 | 4 | 4 | 4 |
| 9 | 2 | 2 | 2 | 2 |
| 10 | 1 | 1 | 1 | 1 |

Points are not awarded for Support, M40, M50, M60 or Youth categories.

1.14 Commissaire list

The race will be under the control of the President of the Commissaire Panel who will be heading up a team of commissaires. The Commissaires Panel consists of :

Commissaire UCI – Ian Poole Commissaire Finish Judge – Martin Grimley Commissaire – Anthony Keneally Commissaire – Richard O'Gorman Commissaire – Mick Twomey

Riders are asked to show respect to the commissaires and all personnel involved with the event.

1.15 Clothing

Competitors MUST wear the clothing of their registered club/team as registered with Cycling Ireland or other UCI National Federation. No commercially sponsored clothing or national team clothing is permitted by any competitor.

Unattached members are permitted to wear plain clothing only without any form of advertising aside from the manufacturer's logo on the breast and on the leg of the shorts.

Cross Clonmel 2024 Technical Guide (v1.0)

Failure to comply with the above may result in prohibition from starting the event. The official kit must also be worn for the podium presentation. The winners of the UCI races will receive a winners jersey that must be worn on the podium and during all interview's/photos post-race.

<u>1.16 80% Rule</u>

The 80% rule may be implemented if required by the President of the Commissaires Panel (PCP). If implemented, the 80% zone will be at the entry to the start/finish straight.

1.17 Podium

The podium presentations will take place near the start/finish area. The first five of every category shall present themselves for the award ceremony as soon as possible and not later than 15 minutes after the finish of the first rider. The ceremony should not take more than 10 minutes (see clothing note above).

A jersey will be presented to the winners of the 4 UCI races. This must be worn on the podium and in all follow up media involvements.

Note: Presenting a rider's bike on the award ceremony's podium is not allowed, nor on the scene, nor in front of the scene.

1.18 Doping Control

Doping Control will be carried out by Sport Ireland, in line with UCI Anti-Doping regulations. Sport Ireland will be deemed to be the Results Management Authority. The Doping Control Station will be located on site. Riders are notified by the appointed chaperones.

1.19 Equipment

- Only bikes described in the UCI Equipment section as "Cyclo-cross bikes" may be used.
- The use of radio links or other remote means of communication with riders is forbidden.
- The use of tyres fitted with metal spikes or screws is not permitted.
- Tyres are restricted to a maximum width of 33mm inflated.
- Bar plugs are compulsory.
- Bicycles shall be propelled solely through a chain set, by the legs moving in a circular movement, without electric or other assistance.
- It is compulsory to wear a protective helmet when racing or training on the course and such helmet must comply with the required safety standards.
- All riders shall, when racing, wear a jersey with sleeves and a pair of shorts, possibly in the form of a one piece. By shorts it is understood that these come above the knees. Jerseys without sleeves shall be forbidden. It is also forbidden to wear non-essential items of clothing other than where weather conditions make them appropriate for the safety or health and safety of the rider.

1.20 Gridding

Riders will be gridded for the start of their race. Competitors will be called 15 minutes before the start of the race. At 10 minutes to the start the gridding will begin from the holding area. Any competitor not present when the gridding commences will forfeit their grid and start from the rear of the race. Spaces cannot be held for riders who are not present when their name is called. Access to the starting grid is via the call-up zone only.

UCI Events:

The gridding of riders for UCI events will be in accordance with Art 5.1.043 part C. Riders will be gridded by the most recent UCI individual ranking in the week prior to the event. Unclassified riders will be ranked by drawing lots.

Non UCI Events:

The gridding of support race riders is decided by the Cycling Ireland Off-road Commission.

1.21 Accreditation and pit passes

Access to the pit zone will be by wrist band. Riders can request up to two wristbands for their pit crew. Wristbands will be available at registration. Commissaires will be located in the pits to ensure that only authorised persons are allowed inside.

1.22 Double Pit

A double pit will be in operation

The race lane and pit (breakdown assistance) will be marked with a yellow flag. Details of the use of the pit lanes are shown in the Art 5.1.026 - 5.1.034 of the UCI Regulations.

A competitor can only enter the pit lane for an exchange of bike. A competitor is not permitted to race through the pit lane for a cleaner line to gain an advantage. Once a competitor exits the pit lane, the competitor is not permitted to return against the direction of the course to the pits.

1.23 Opening times to venue

The venue will be open from 10:00am on Saturday 12th and 08:00am on Sunday 13th October 2024.

1.24 Race schedule (including practice times)

Saturday 12 October 2024

| From | Until | Event |
|-------|-------|------------------------------------|
| 10:30 | 15:25 | Registration opens |
| 10:30 | 11:30 | Course open for practice |
| 11:30 | 11:35 | Under 6s fun race |
| 11:45 | 11:55 | Under 8s race |
| 11:55 | 12:00 | Prize giving Under 8s |
| 12:05 | 12:25 | Under 10s race |
| 12:25 | 12:35 | Prize giving Under 10s |
| 12:35 | 12:55 | Under 12s race |
| 13:00 | 13:05 | Prize giving Under 12s |
| 13:00 | 13:20 | Course open for practice |
| 13:20 | 13:30 | Riders called up to start grid |
| 13:30 | 14:00 | Under 16 girls start |
| 13:32 | 14:00 | Under 14 girls start |
| 14:10 | 14:20 | Prize giving for U14 and U16 girls |
| 14:10 | 14:30 | Course open for practice |
| 14:30 | 14:40 | Riders called up to start grid |
| 14:40 | 15:10 | Under 16 boys start |
| 14:42 | 15:10 | Under 14 boys start |
| 15:20 | 15:30 | Prize giving for U14 and U16 boys |
| 15:20 | 15:40 | Course open for practice |
| 15:40 | 15:50 | Riders called up to start grid |
| 15:50 | 16:30 | Support race starts |
| 16:40 | 16:50 | Prize giving for support race |
| 16:40 | 18:00 | Course open for practice |

Sunday 13 October 2024

| From | Until | Event |
|-------|-------|--------------------------------|
| 08:00 | 14:00 | Registration opens |
| 08:00 | 08:50 | Course open for practice |
| 08:50 | 09:00 | Riders called up to start grid |
| 09:00 | 09:55 | M50 race start |
| 09:01 | 09:55 | M60 race start |
| 09:55 | 10:05 | Prize giving M50, M60 |
| 09:55 | 10:20 | Course open for practice |
| 10:20 | 10:30 | Riders called up to start grid |
| 10:30 | 11:30 | M40 race start |
| 11:30 | 11:40 | Prize giving for M40 |
| 11:30 | 12:00 | Course open for practice |
| 12:00 | 12:10 | Riders called up to start grid |
| 12:10 | 13:00 | Junior men's start |
| 13:00 | 13:10 | Prize giving for Junior men |
| 13:00 | 13:30 | Course open for practice |
| 13:30 | 13:40 | Riders called up to start grid |
| 13:40 | 14:40 | Women's race |
| 14:40 | 14:50 | Prize giving for Women |
| 14:40 | 15:10 | Course open for practice |
| 15:10 | 15:20 | Riders called up to start grid |
| 15:20 | 16:30 | Elite men's race |
| 16:30 | 16:40 | Prize giving for Elite men |

1.25 Locations of registration

The sign on will take place within the grounds of Powerstown Park Racecourse.

Riders must present themselves along with their 2024 licence cards. Sign on opens at 10 am on Saturday 12th and 8 am on Sunday 13th October. Sign on closes 30 minutes before the start of junior/senior/masters races and 15 minutes before the start of youth races.

1.26 Race numbers

Race numbers will be supplied by the organiser.

The UCI races will have a race number for each arm and one for the rear pocket area. These numbers cannot be cut down or folded to cover the race name or any sponsors on the numbers. Failure to adhere may be subject to the appropriate penalty.

1.27 Race Timing

Racing time will be supplied by Cycling Ireland Off-road Commission.

1.28 Press/media information

A room will be set aside in the event village.

1.29 Parking arrangements

All event attendees must enter the site through the gate off the <u>N24/Frank Drohan Road</u>.

The site has ample car park spaces. All riders and event visitors must follow the instructions of the marshals and strictly follow all traffic and parking instructions.

An area for team vans and club gazebos has been set aside in the middle of the course and teams will enter from the N24. Space is limited parking passes can be bought on the event master system.

1.30 Bike wash facilities

There is a bike wash area just outside the pit lane where there will be a water source. Do not wash bikes in the pit boxes or pit lane.

Cross Clonmel 2024 Technical Guide (v1.0)

During the races, pit crews are asked to wash the bikes in the wash zone and not in the pit lane. The organisers will not be supplying high pressure hoses, hose pipes or buckets. Riders/pit crews must supply their own equipment.

1.31 Spectator access and information

Spectators will be allowed to stand outside the course at any point. No spectators will be allowed into the pit area. It is recommended that all spectators wear appropriate clothing and footwear.

1.32 Crossing points

There will be marshalling in place to control pedestrian access at the crossing point. All spectators are asked to obey instructions from the marshals.

There are designated "gates" where spectators can cross the course. These are marked with an ORANGE FLAG. Crossing the course should only happen at these points taking due care and attention. Crossing the course at any other point is not permitted.

1.33 Accommodation links

There are a wide range of hotels, B&B's and AirBnB options available. Use your internet search engine and the location of the event.

1.34 Event Sponsors

Munster Cycling Verge Sport ATSS Boston Scientific Cycling Ireland Actavo

1.35 Catering arrangements

On site catering will be available in the event village. Please dispose of all rubbish properly and carefully.

1.36 Toilets, showers

There are toilets on site. Any rider caught using alternative toilet arrangements will not be allowed to race. No Showers or Changing rooms will be provided.

1.37 First aid location

The ambulance will be parked in a prominent location next to event HQ. See event map.

1.38 Nearest hospital

The nearest hospital is:

South Tipperary General Hospital, Clonmel, Co. Tipperary E91 VY40 Tel: 052 6177000

1.39 Emergency evacuation location

In the event of an emergency all riders, spectators and organisers should follow the instructions from the marshals.

1.40 Litter

The UCI has introduced a new infringement that could attract a fine. It applies to a rider or team staff disposing of waste or other objects outside of equipment pit zone or outside any other organised waste zone or waste not returned to team or organisation staff or not collected by team staff. To avoid UCI fines, all riders and helpers should dispose of any waste including gel wrappers in the bins provided.

1.41 Map and description of the course

The circuit is approximately 3 km long and the number of laps will be communicated by the finish judge after the second passing over the finish line.



1.42 Layout of location map

The map below shows the location of the registration, catering, toilets, car park, pits and start line.



Hosted by Clonmel CC - 12 & 13 October 2024